



FREE Resources for
Workplace Learning Professionals

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ENERGIZERS

A Matter of Perspective

I first saw this in a diversity workshop but I use it with many different topics.

Show the group a picture of a car (photo or sketch – it doesn't matter). Assign the following roles to individuals or small groups:

- 16 year old boy
- 70 year old man/woman
- Insurance adjuster
- Mother with 5 small children

Ask each to describe what they are seeing, from their perspective. Point out that we each bring our own perspective to everything we see, hear, and touch. As we go through the training, it is helpful to be aware of our own and others' perspectives.

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