



FREE Resources for  
Workplace Learning Professionals

AND ASSOCIATES INC. We Make Training **Stick!**

**1-888-35-STICK**

**ICEBREAKERS**

## **Hard Candy Icebreaker**

***I like this icebreaker because hard candies are easy to keep on hand (they don't spoil or get stale) and you can buy them in many different places.***

Buy individual pieces of hard candy, making sure you have 3-4 of the same kind (or, if you're using pairs, 2 of the same kind).

Before they arrive, tape a piece of candy on the bottom of each participant's chair. Ask them to retrieve their candy and find their partner(s). Each group or pair should then interview each other until they know why everyone in their group is taking the training and what they hope to get out of it. This can then be recorded on flip chart paper (less time-consuming) and/or reported out to the larger group (more time-consuming).

The hard candies can also be used (just) to randomly assign people into small groups.

***See More FREE STUFF for Trainers at [www.maketrainingstick.com](http://www.maketrainingstick.com)***

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